
Dramatherapy is growing Down Under

Four years ago, when I left sunny Sydney and moved to the UK, there was just one practising dramatherapist in the whole city.

Earlier this year I completed my training at Roehampton and moved back home, hoping to double that number. But I find I have not one, but two peers. The community has tripled!

And there are good signs that the growth of this very small profession is going to continue as more Dramatherapy trainees are heading to the UK. Tanya is on her way to study at Anglia Ruskin and Emma is currently travelling through Australia and will head back to her home in the UK to start training in 2011.

It is an exciting time to be a Dramatherapist Down Under. Our profile is growing, which means the opportunities and possibilities are too. The Art Therapy Association is currently voting on adding an "s" to Art to ensure it is more inclusive of Dramatherapists as we don't have our own separate association, and the first ever full time Dramatherapy position has emerged working alongside a Music therapist and an Art therapist. These are big steps that we are making for a community that you can count on one hand!

I know it isn't quite "around the corner" but if you ever find yourself heading to this side of the world, come and say hello!

Natalie Mackenzie



Left to right: Joanna Jaaniste, Adrian Lania, Tanya Corkill, Natalie Mackenzie and Emma Bulmer