



# The Dramatherapy Centre

## Introduction to Dramatherapy Course 2023

with Kitty Saleh

### There will be experiential and theoretical work in the following areas:

- Symbol & Metaphor
- Improvisation
- Distancing
- Role Theory
- Dramatherapy for various populations
- Psychodramatic techniques
- Projective techniques of mask and puppetry
- Storymaking
- Theatro Therapy
- Biographical work and performance

### Additionally the following arts therapy modalities will be explained:

- Art therapy
- Voice-movement therapy
- Somatic therapy
- Dance-movement therapy
- Narrative therapy/Arts
- Guest presenters will join the course throughout

### The following theories will be addressed:

Gestalt, Erikson, Piaget, Jung, Steiner, Lievegoed, counselling theory, narrative therapy and arts.

### Outcomes:

Gain skills in: using drama techniques in a therapeutic way as adjuncts to your work; show understanding of the relevance of dramatherapy in biography; use drama-based interventions that help in the healing process; analyse group dynamics and elicit themes in reflective work. Show how other arts therapies can support dramatherapy.

### Assessment:

- Story to share with the group
- Essay on the topic 'What is dramatherapy?'
- Run a Dramatherapy session
- Reflective journal of your learning from the course

### CONTACT

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Joanna Jaaniste  
dramatherapy@ozemail.com.au

### The dates of the 2023 weekends are:

March 24, 25, 26  
May 5, 6, 7  
June 23, 24, 25  
August 25, 26, 27  
October 27, 28, 29  
December 8, 9, 10

### The times for each weekend are:

Fridays: 7pm - 9pm (Online)  
Saturdays: 9:30am - 5pm  
Sundays: 9:30am - 4pm

### INVESTMENT

#### Earlybird

**\$2300**

until March 1st 2023

#### Regular Cost

**\$2700**

from March 2nd, 2023

(Course fee includes all art and drama materials, text book and morning/afternoon tea)

### COURSE VENUE

White's Creek Cottage, 31 White Street, Lilyfield, NSW 2040.

Search for White's Creek Cottage on the website

**[www.innerwest.nsw.gov.au](http://www.innerwest.nsw.gov.au)**

for more information on the venue.

**For more information visit [www.dramatherapy.com.au](http://www.dramatherapy.com.au)**



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### APPLICATION FORM

NAME .....

ADDRESS .....

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POSTCODE .....

TEL .....

MOB .....

EMAIL .....

OCCUPATION .....

### INVESTMENT

**Earlybird \$2300 until March 1st 2023**

**Regular Cost \$2700 from March 2nd, 2023**

**Costs are non refundable.**

### PAYMENT METHOD

Deposit to our account:

**Acc. Name:**

The Dramatherapy Centre

**Acc. No.**

153946964

**BSB No.**

112-879

St. George Bank,  
Leichhardt Branch.

### HOW DID YOU HEAR ABOUT THIS WORKSHOP?

- Dramatherapy website
  - Facebook Dramatherapy
  - Word of mouth
  - Newsletter
  - Other
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Please email back this form to [kitty.m.saleh@gmail.com](mailto:kitty.m.saleh@gmail.com)

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**For more information visit [www.dramatherapy.com.au](http://www.dramatherapy.com.au)**